



# SUMMER INTENSIVES

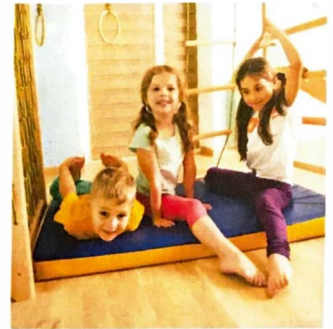
## Skills-Based Small Group Therapy

**When:** Tue., Wed., & Thurs. from 11am - 12pm in various weeks throughout Summer 2022

**Who:** Led by an Occupational Therapist

**Where:** Emerge Pediatric Therapy - Durham

**We will be offering the following small groups (3-4 children) in an intensive format this summer:**



### **Handwriting (Ages 5-6 / 7-8 / 9-10)**

These Handwriting Intensives are adapted from The Handwriting Without Tears Program for children who are learning to write and are developing fine motor skills. Within sessions, emphasis will be placed on correct formation sequences, legibility and accurate orientation when forming letters, and on assembling well-formed letters into words. In addition, appropriate classroom behavior and social skills will also be addressed.

### **Let's Move (Ages 6-9)**

The Let's Move Intensive focuses on the use of movement to improve motor development, motor planning, strength, and endurance. The group will participate in gross motor games, obstacle courses, group exercise routines, and cool down activities (e.g. stretching, yoga, mindfulness).

### **Dare to be Aware (Ages 6-9)**

Children in "Dare to be Aware" will work on techniques to increase registration regarding where their body is in space by participating in group movement activities. These activities will hone in on tactile, visual and auditory feedback techniques to build confidence and skills in their positioning in space.

## **Sign Up Now!**

[https://emergepediatrictherapy.com/group\\_registration\\_form/](https://emergepediatrictherapy.com/group_registration_form/)



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